



**OCTOBER 12, 2019**

**BENEFITING:  
SAFE HARBOR OF  
ERIN**

**REGISTRATION 9:15  
AM, IF NOT  
PRE-REGISTERED**

**5K STARTS AT 10 AM**

## **PARTICIPANT WAIVER FOR RACE REGISTRATION**

I know that walking / running a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with walking / running in this event, including but not limited to: falls, contact with other participants, the effects of weather, including high heat and / or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Heroes in Recovery 5K Walk, Run, Roll, Safe Harbor of Erin, Betsy Ligon Park, and the town of Erin, TN from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Participant Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's Signature if under 18 years:

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